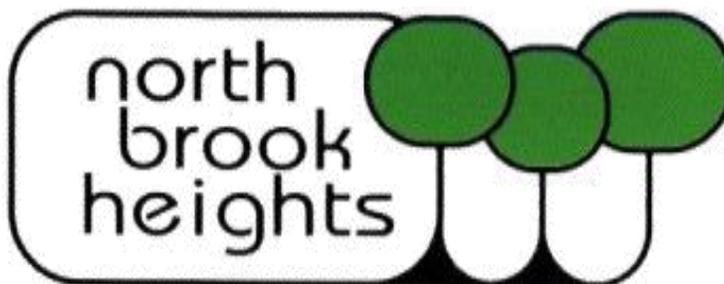


**Northbrook Heights
Assisted Living
170 Murray St.
Auburn, NY 13021
315-253-2755
www.northbrookheights.com**



Newsletter

THE NORTHBROOK CHRONICLE

Volume 4, Issue 4

Spring 2015



Kathleen Hughes – Executive Director

“My friends call me Katie”, and I am delighted to be a part of the Northbrook Heights team. I live in Cazenovia and am the proud mother of two children, Brenna 15, and Ryan 12.

We enjoy boating and biking in the summertime and skiing during the winter. Growing up in a large Irish Catholic family, I was very close with my grandmother, and feel that special relationship helped me excel in my career choices in the senior living industry. After receiving my BS from SUNY Brockport in Community Relations/Sociology, I secured a job as an admissions representative at an adult home in Liverpool, NY, and still love what I do 22 years later. I hold a Certificate of Advanced Study in Geriatrics from Lemoyne and SUNY Binghamton, am a member of the Board of Directors of CNY Alzheimer’s Association, and a graduate of the leadership of Greater Syracuse. My philosophy of assisted living is to create an environment where residents can live as independently and as safely as possible. I would like Northbrook Heights to be a place where residents

live life to the fullest with the support and supervision they need to be safe and secure. Most recently, I was the Director of an Assisted Living Residence at Menorah Park. My time there was very rewarding and I will always have a soft place in my heart for the residents and staff there. I am thankful for the opportunities I was given, and look forward to creating new memories and continue my learning at Northbrook heights. I encourage residents and families to reach out to me if they have any questions or concerns. I welcome your feedback and look forward to working with you.

I am pleased to be a part of Northbrook Heights and excited about the possibilities for the future of Adult Care and Assisted Living in our community. I have always had a passion for geriatrics likely due to my fortunate circumstances of having grown up with many of my grandparents well into my adult life, still blessed with my grandmother and great-grandmother. I am so thankful for the support of my husband of 22 years, and our three sons that keep me energized. After working for some time in a variety of settings as a writer and in customer service, I returned to college as a non-traditional student. I graduated from Cayuga Community College in 2005 with an Associate’s Degree in Humanities and Social Science and went onto higher education at Syracuse University and earned a Bachelor’s Degree in Social Work in 2008.

I have worked in Cayuga County for several years, providing social work services to people of diverse backgrounds and their families, and building strong relationships with community leaders. I had the pleasure of working with Veterans in Home Based Primary Care at the VA Medical Center in Syracuse. In 2009, I earned my Master’s Degree in Social Work at Syracuse University and immediately joined Cayuga County Health and Human Services in Homecare. I have a strong educational background in social work focusing on individuals, families and groups. In 2010, Lifetime Home Care and Hospice acquired Cayuga County Home Care, and I transitioned with the company. After providing direct care to individuals and their families for a few years, I was promoted to a Social Work Supervisor at Lifetime Care and supervised nine social workers in the Auburn and Newark offices. I sought to return to direct care, and accepted the position at Northbrook Heights in February.



Angelia Mack – Dir. of Resident Services



Howard L. Jenkins, our Administrator for the better part of the last four years, passed away on January 12, 2015 after a brief and sudden illness. He was born on October 27, 1957 in New York to Joseph and Esther (Mintz) Jenkins. Howard graduated from Orangeburg-Wilkinson High School SC in 1975. Shortly thereafter he enlisted in the U.S. Army, serving as a medic from 1975 – 1982. He obtained his BS in Health Administration from SUNY IT, Utica in 1989. In 1990 he married the former Faith Miller in Utica, NY. Howard worked as a licensed administrator for over 24 years, practicing in the states of Alabama and Georgia before moving back to New York in 1999. He was in completion of his master's degree program in Public Administration from Syracuse University when he became ill.

Before coming to Northbrook Heights, Howard enjoyed great success as the Administrator at Loretto's 200-unit Bernardine Retirement Community in Syracuse from 1999-2010. In addition, Howard held the position of Administrator at the

Northeast Center for Specialty Care, Lake Katrine, NY, Springdale Health Center in Atlanta, GA, and the Civic Center Nursing Home in Birmingham, AL. Howard attended Erwin United Methodist Church and was currently serving on the board of directors for the United Way, of Cayuga County. He was a past board member for ACMG Credit Union. He leaves behind his wife of 25 years, Faith; his mother Esther of Staten Island, Joyce of Staten Island, Lillian McKay of the Bronx, and Mattie Denise Horgan of Manhattan; three brothers, Richard of Dayton, NJ, Joseph of West Pam Beach, and David of Fort Meade, MD. He was predeceased by his father. Joseph in 2003, a brother Robert in 2006, and a special maternal grandmother, Mattie Taylor of SC in 1975.

Northbrook Heights' Staff Remembrances of Howard

"I will always remember his infectious laugh, and the conversations we had about music and of course, food. He would always have a diverse selection of music playing in his office...anything from Marvin Gaye to Lead Zeppelin to Maceo Parker. It was a pleasure to have known and worked with Howard". –Gary Iacovelli

"I remember Howard the night of the resident's prom, his smiles ear to ear, watching all of them having a ball, made possible by the generous man he was. Howard, in his own way is still with us and he will sadly be missed by all." – Paula Laird

"I remember turning him on to Curley's chicken wings, then sneaking into his refrigerator and eating them". –Tyrone Sessions

"I remember him telling us we have two weeks to put a senior prom together and I thought he was crazy. We have since done it every year. He was such a great person, and I learned a lot from him." –Vicky Rosekrans

"I will always remember the positive changes he made for the facility, his sense of humor, laugh, and his love of good food and drink. He was an excellent teacher and leader and possessed a unique ability to bring everyone together. His compassion and advocacy toward our residents was unsurpassed. He was not only a boss, but a true friend. I am privileged to have known and worked with a Director of his caliber." – Kimberly McNabb, HR Coordinator

The Leonti's Share Keys to a Successful Marriage



For Orazio and Florence Leonti, love is still in the air more than 75 years after they met. The two 94-year olds celebrated this Valentine's Day holiday with 74 years of marriage, and will celebrate their 75th anniversary on September 27th. The Auburn pair managed to remain consistent with their vows for more than 50 years amid a time where the marital landscape is shifting with new generations. For Orazio and Florence, their love became critical over the years as they have tackled their physical hardships. The two seemed to "gel" when they finally met, as Florence put it, Orazio first tried dating her two sisters before meeting his one and only. Everything was just right, is all. It was just a normal flow and we've been happy ever since" The Leonti's together credited their longevity to three general guidelines, or the three C's; chemistry, compassion and most importantly, compromise. We are very proud to have them as residents here at Northbrook Heights. Congratulations to them both!

Resident Spotlight – James McConnell



I would like to introduce you to Mr. James McConnell, resident at Northbrook Heights since 2009. Jim is a life-long resident of Auburn, NY, born in 1943. I have known Jim to be one of the most friendly and pleasant individuals here at Northbrook, involving himself in several of our activities. His attitude on life most certainly has helped in even at a young age in coping with a fairly traumatic childhood. At 4 years old, Jim was a victim of a hit and run automobile accident that confined him to a hospital for three years. The driver was never identified. He eventually began school at the age of seven at the Holy Family Catholic School in Auburn. As a result of the accident, Jim endured on-going seizures, that physicians said could not be cured. However, after having his tonsils removed, there was an improvement in his health and the seizures began to subside a bit. Jim was placed into what was referred to at the time, a “Sunshine Class”, for those children who could not be enrolled in a traditional school. Therefore, he attended classes with children who were mentally challenged, had rheumatic fever, and those with polio. Physically he was fine with the exception of an occasional seizure. At 16 years old, he felt it was time to earn a living and become independent. He was hired by St. Alphonse’s Church in Auburn where he became the custodian for their school and church convent for 25 years. Jim was then hired by the City of Auburn where he worked for the next 17 years as the caretaker for the Casey Park ice rink as

well as the community swimming pool, and was groundskeeper for the baseball fields. This included Falcon Park, where the Doubleday’s now play baseball. Jim had 14 brothers and sisters, of which 9 are still with us and live in Auburn. He looks forward to the large family reunions which take place every few years. He was also married for 14 years and has one son who also lives in Auburn. Jim enjoys life here at Northbrook Heights where he feels safe and can keep a social agenda. He enjoys playing cards, trips to the local mall and the downtown area. -Gary Iacovelli

Employee Spotlight-Deborah McLaughlin



Deborah McLaughlin, Assistant Environmental Services Supervisor joined the Northbrook Heights team in July of 2014. She is responsible for working in the Maintenance Department, as well as supervision of services provided by the Housekeeping Department. Additionally, she serves on our safety committee. She assures for the safety and well-being of all residents and staff by establishing and maintaining an effective coordination of systems in regards to the environmental department.

She has a vast knowledge of Environmental Services as a result of her many years of experience. Prior to coming to Northbrook Heights she worked in another health care facility for 22 years. The majority of the time she had spent there was also in Environmental Operations. In her spare time she enjoys spending time with family, reading her kindle, and playing with her four dogs; three Min-Pins and a German Shepard. She has a husband, and two daughters ages 19 and 24. She also enjoys spending time with her parents, who she wishes lived closer. If she were to win the

lottery, the first thing she would do is buy a house closer to her parents. Some of her favorite projects at Northbrook Heights have been making improvements to the resident rooms and common areas of the facility. She enjoys refreshing the rooms and getting them ready for new residents to move into. Helping the residents in any way that she can is the most rewarding experience with the company. “Deb McLaughlin is a valued member of the Northbrook Heights team. She is creative, a resourceful leader and solution – orientated person. We are delighted that she choose to join our organization. “ -Kimberly McNabb, HR Coordinator

Our employees have donated \$171.00 to the American Heart Association campaign, "Go Red for Women". Also, a special thanks to Carlos Almeida for the delicious heart-healthy lunch on February 7th.

Julie Casler, Nutrition Project Director-Cayuga County Office of Aging, and Gary Iacovelli, Sales and Marketing Coordinator at Northbrook Heights, volunteering for Meals on Wheels.



Christina Selvek, Director of Capital Projects & Grants, City of Auburn, Department of Planning and Economic Development, accepting the first Howard L. Jenkins Employee Campaign Coordinator Award, in honor of outstanding service as an Employee Campaign Coordinator for the City of Auburn, 2014 United Way Campaign, with Stephen Rich, retiring Board President.

Howard L. Jenkins was honored for service as a member of the Board of Directors of the United Way of Cayuga County 2012-2015 at the United Way luncheon on March 12th. Pictured is the senior staff from Northbrook Heights with Gary Iacovelli holding Howard's service award on the far right. The plaque was given to Howard's wife, Faith.

